



# PLEASANTVILLE COMMUNITY SCHOOLS

**BREAKFAST & LUNCH**

BIRTHSTONE: TOURMALINE & OPAL  
BIRTH FLOWER: MARIGOLD & COSMOS

OCTOBER is the standing ovation to spring that helps us gleefully fall into winter



**HOMECOMING VOLLEYBALL MATCH OCTOBER 1<sup>ST</sup> @ 6, 6:45 & 7:30**  
**HOMECOMING PARADE OCTOBER 3<sup>RD</sup> @ 5:30 PEP ASSEMBLY @ 6:00 IN HS GYM**  
**HOMECOMING FOOTBALL GAME OCTOBER 4<sup>TH</sup> @ 7:00 PM**  
**CHECK THE ANNOUNCEMENTS FOR SPIRIT DAY ACTIVITIES & DRESS UP DAYS!**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**NO SCHOOL**

CEREAL & TOAST  
GRILLED CHEESE SANDWICH  
BAKED BEANS  
CHIPS  
FINGER VEGGIES  
APPLE SLICES

**1**

"P-Jama Day"

DONUT  
POPCORN CHICKEN  
MASHED POTATOES/GRAVY  
CORN  
MANDARIN ORANGES  
BROOKIE

**2**

"wear pink & purple day"

CEREAL & TOAST  
MAC 'N CHEESE  
MEATBALLS  
SWEET CARROTS  
PEARS  
DINNER ROLL

**3**

"disney character day"

"ORANGE & BLACK 4 TROJAN PRIDE"

CEREAL & TOAST  
CHILI ~ CHEESE/CRACKERS  
FINGER VEGGIES  
APPLESAUCE  
CINNAMON ROLL

**4**

CEREAL & GRANOLA BAR  
RIB SANDWICH  
FRENCH FRIES  
BAKED BEANS  
APPLE SLICES

**7**

PANCAKE ON STICK  
TACO  
CORN  
MANDARIN ORANGES  
CHURROS

**8**

CEREAL & TOAST  
CHICKEN FRIES  
SMILE POTATOES  
FINGER VEGGIES  
TROPICAL FRUIT

**9**

BREAKFAST PIZZA  
BREAKFAST FOR LUNCH ~  
EGG PATTY, SAUSAGE PATTY,  
CROISSANT, TRI~TATOR,  
YOGURT, FRUIT CUP

**10**

CEREAL & TOAST  
PIZZA  
LETTUCE SALAD  
GREEN BEANS (HS ONLY)  
APPLESAUCE  
COOKIE

**11**

CEREAL & GRANOLA BAR  
CORN DOG  
SMILE POTATOES  
FINGER VEGGIES  
PEACHES  
GRAHAM SNACK

**14**

PANCAKES  
NACHOS - CHIPS, MEAT, CHEESE  
CORN (HS ONLY)  
MANDARIN ORANGES  
CHURROS

**15**

CEREAL & TOAST  
CHICKEN NUGGETS  
MASHED POTATOES/GRAVY  
SWEET CARROTS  
PEARS  
GRAHAM SNACK

**16**

BAGEL  
CHEESEBURGER  
BAKED BEANS  
FRENCH FRIES  
APPLE SLICES  
COOKIE

**17**

CEREAL & TOAST  
PULLED PORK SANDWICH  
WG CHIPS  
FINGER VEGGIES  
MIXED FRUIT

**18**

**NO SCHOOL**

**21**

CEREAL & TOAST  
CRISPITO  
CORN  
MANDARIN ORANGES  
CHURROS

**22**

WAFFLES  
SPAGHETTI  
LETTUCE SALAD  
GARLIC BREAD  
PINEAPPLE

**23**

CEREAL & TOAST  
CHICKEN STRIPS  
FRENCH FRIES  
SWEET CARROTS (HS ONLY)  
PEACHES  
GRAHAM SNACK

**24**

BISCUIT 'N GRAVY  
PIZZA  
GREEN BEANS  
APPLESAUCE  
COOKIE

**25**

CEREAL & GRANOLA BAR  
CHICKEN SANDWICH  
FRENCH FRIES  
BAKED BEANS  
APPLE SLICES

**28**

BREAKFAST BAR  
QUESADILLA  
CORN  
MANDARIN ORANGES  
CHURROS

**29**

CEREAL & TOAST  
CHICKEN & NOODLES  
MASHED POTATOES  
GREEN BEANS  
PEACHES  
DINNER ROLL

**30**

CEREAL & TOAST  
DELI SANDWICH  
WG CHIPS  
FINGER VEGGIES  
TROPICAL FRUIT  
COOKIE

**31**

**Breakfast:** Cereal & Toast will be offered with milk, juice and fruits. A second (hot) option will be available on the days indicated. Choosing the hot option will replace the choice of the cereal & toast. If a student takes both options, they will be charged for the cereal and toast as an a la carte option. 3 items are required to be a reimbursable breakfast.

**Lunch:** In addition to items listed for lunch, assorted fruits and vegetables - both cooked and fresh are offered daily in MS and HS. Milk is always available in 1% white, fat free white, chocolate. A Minimum of One Fruit or Vegetable is required along with two other components to be considered a reimbursable meal. As an alternate, students may have salad bar for lunch. With this meal they must take lettuce, meat or cheese, veggies and/or fruit & bread or crackers. Cost: B: \$1.50 L: \$3.00 Reduced: B: .30 L: .40

This institution is an equal opportunity provider